

Parent Project Registration

Name _____ Phone _____
Address _____ City _____ State _____ Zip _____
Email _____

Please call 805-388-5131 to register or mail completed application to:

Camarillo Police Department
Youth Officer

3701 E. Las Posas Road Camarillo, CA 93010

The next
ten-week class
is forming now...



Parent Project ®

Camarillo Police Department
Community Resource Unit
Youth Services
(805) 388-5131

Is Your Child

Stubborn?

Defiant?

Out of Control?



Parent Project



We got
an App
for
that!!!

Next Class Starts:
February 29 to May 9, 2012
6:00 pm- 9:00 pm
Wednesday Nights

*Together we are making
a difference*

Created in 1988, the Parent Project was specifically designed to help parents intervene in the most destructive of adolescent behaviors. This comprehensive, award-winning program offers practical, no-nonsense solutions to the critical issues parents face today.

Parent project utilizes an activity based skills curriculum to assist parents in identifying problems, creating a plan, and motivating their children to change their destructive behavior. The program also assists parents in creating their own support group that can continue to meet beyond the completion of the 10-week program.

What the Parent Project can do for you

- ⇒ Significantly involve and empower parents.
- ⇒ Reduce family conflict.
- ⇒ Intervene in adolescent drug and alcohol use.
- ⇒ Improve your child's school performance.
- ⇒ Reduce gang and other poor peer associations.
- ⇒ Bring rapid positive behavioral changes.
- ⇒ Improve parent/ child relationships.
- ⇒ Reduce school and community violence.
- ⇒ Give parents specific, practical interventions to assist in influencing their children.
- ⇒ Teach parents how to develop a personal action plan to apply during a crisis.

Course content

- 1) How to love your children when you have a hard time liking them.
- 2) Why traditional parenting interventions fail.
- 3) What interventions work and why.
- 4) How to NEVER argue with your child again.
- 5) How to get increased compliance with poor house rules.
- 6) What to do about drugs, sex, gangs, poor grades, running away, and violence.
- 7) How to use other parents support.

Parent's comments

- "Great information given and tools to use."
- "Thank you for this class. We all need it."
- "I wish there was something like this sooner."
- "I feel that this class is giving me the greatest tools ever to deal with my children."
- "I enjoy coming to these classes to see that other parents have the same issues."
- "This class reassured me of what I was doing right."
- "This approach helped us not let our child take our life away and the support we received from others in the class really helped us heal."

Advantages

- ✓ Recognizes the crucial role of parents in changing unwanted and destructive adolescent behavior.

- ✓ Meets the expressed needs of parents.
- ✓ Reduces recidivism.
- ✓ Produces quick results.
- ✓ Is a cost-effective program.
- ✓ Offers culturally sensitive curriculum.
- ✓ Built on more than 10 years of research and development.

Facilitators

The instructors have received intensive training to present this program and are professionals with over 25 years of combined experience in law enforcement and dealing with adolescents and their families.

Program costs:

Required work book \$17.00

To find out more contact:

Sr. Deputy Bea Hughes
3701 E. Las Posas Rd.
Camarillo, Ca 93010
(805) 388-5131
bea.hughes@ventura.org